

# C.D.L.C. GAZETTE

November 2009

Celebrating Children

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## Learning is Messy!



### MY DAY AT PRESCHOOL...

Red paint in the hair?  
Blue paint on the jeans?  
Sand in the shoes?  
Pudding on the favorite shirt?  
White socks that look brown?  
Sleeves a bit damp?



### THIS MEANS YOUR CHILD...

Played with friends,  
Solved problems,  
Created a masterpiece,  
Learned a new skill,  
Developed new language,  
**HAD A GREAT TIME!**



### A LETTER FROM THE DIRECTOR

So now it is November the month we remember how we have been blessed with many things. At CDLC we are thankful to you parents for bringing your precious ones to our school. Recently we have had several opportunities to meet you all – Conferences and Halloween. Both events were well attended and very successful. Thank you for your support. Sue

### FREQUENTLY CALLED NUMBERS



C.D.L.C. Office 952-435-8105  
C.D.L.C. Fax 952-898-9379  
Church Office 952-435-8102  
C.D.L.C. Website [www.cdlicpreschool.org](http://www.cdlicpreschool.org)

  
*Prince of Peace*

Lutheran Church  
**WORSHIP TIMES**  
Wednesday 5:30 p.m. Saturday 5:30 p.m.

Sunday 8:30, 9:45 & 11:00 a.m.

**Learning Through Play**  
**UPCOMING EVENTS**

**November**

November 4 & 5 –  
School Picture Day

November 6 –  
SOR Conference –  
**CDLC Closed**

November 9 – 9:15 AM  
Carnival Meeting  
Childcare provided

November 10 & 11 –  
CDLC Food Drive

November 15 –  
Tuition Due

November 26 & 27 –  
Thanksgiving Break  
**CDLC Closed**

**Learning Through Play**

**Learning Through Play**  
**SCHOOL PICTURE DAYS**



School pictures will be taken on Wednesday, November 4<sup>th</sup> and Thursday, November 5<sup>th</sup>. Look for

ordering information coming home soon. The 5 Alive classes will have their pictures taken on Thursday the 5<sup>th</sup>. Please remember you must prepay for the pictures. Send back your order sheet with your check or credit card information.



**OPERATION CHRISTMAS CHILD**

This is a wonderful way for families to give joy to a child who may not receive

a Christmas gift this year. Simply take your child to the store and pick out appropriate small toys and personal items and fill a shoebox with them. Add \$5 for shipping and handling and return it to CDLC by Friday, November 20, 2009. Every family member can be involved in this project and your child will feel the satisfaction of giving to someone who is not as fortunate. Look for an information booklet coming home with your preschooler soon.



**FALL FOOD DRIVE**

Each fall we ask CDLC families to help us with a

food drive to support Mission Outpost based here at Prince of Peace. Look for a brown grocery bag to come home with your child on the 4<sup>th</sup> or 5<sup>th</sup> of November. Help your child to pick out some food items to bring back to school in the brown bag on the 10<sup>th</sup> and 11<sup>th</sup> of November. On those days the teachers will take their classes to visit Mission Outpost to learn about how the food shelf works. Thank you for your participation in this worthy project.

**School Closings**

If severe weather causes school closings or late starts for ISD 191 (Burnsville), CDLC will also be closed. CDLC will be closed for the entire day. For more information please consult the CDLC Parent Handbook and tune into WCCO (830 AM) radio or Channel 4 TV.

## Celebrating Children



### MILK MOOLA

This year our school is participating in the *Milk Moola and Donuts to Dough* program, sponsored by Kwik Trip. Milk Moola is an easy way for us to earn

5¢ for each cap and bag top from Kwik Trip products such as milk, orange juice, bottled water and Kwik Trip's fruit drinks that you turn in. Donuts to Dough is an easy way to earn 10¢ for each Glazers price oval you turn in from each Dozen or Half-Dozen boxes of Glazers donuts.

This money can be used for a variety of purposes such as new equipment, books, supplies, school-sponsored trips, anywhere there's a need for extra funding, this program will certainly help.

Children can bring the caps, bag tops, and Glazers price ovals into school anytime. Simply bring them in for deposit into our collection box.

If you would like to learn more about Milk Moola and Donuts to Dough you can visit the Milk Moola web site at [www.milkmoola.com](http://www.milkmoola.com). There you'll find the latest information about the program, frequently asked questions and the official rules and guidelines for Milk Moola and Donuts to Dough.

So next time you're in Kwik Trip and reach for a box of Glazers donuts or something to drink, don't forget to save those price ovals and caps!

## Celebrating Children



## Celebrating Children FREE VEGGIE TALES MOVIE NITE

"Saint Nicholas: A Story of Joyful Giving"

When: Saturday, November 14, 2009

6:45-8:00pm in the Teen

Center...

wear PJ's & bring a blanket, if you want to.

Free popcorn.

Sponsored by Prince of Peace Children's Ministries.



### LABEL, LABEL, LABEL

Please label all of your child's belongings. We have dozens of princess backpacks. And don't get me started on the spider man gear! All

blue jackets look the same to a preschooler. Please save your child's teacher from a headache and yourself from an extra trip to Target for a new backpack and take a few minutes to label your child's belongings. Thank you!

### S.O.S.!!!!

The Carnival needs your help! We still need at least 3 more people to volunteer for our Business Donations committee for the C.D.L.C. Carnival. Really, it is not scary at all! All it involves is mailing 10-15 pre-printed letters to local business (names and addresses provided) and then following up with a phone call. In most cases, you are contacting a business which has donated in the past. This is a VERY easy to do from home and takes only a couple of hour's total of your time.

If you would like more information or would like to sign up to help, please contact one of the carnival co-chairs:

Kim Bergland at 952-953-0908 or [wkbergland@charter.net](mailto:wkbergland@charter.net) or Shawnessy Schwartz at 952-432-5707 or [shawnessyl@yahoo.com](mailto:shawnessyl@yahoo.com)

## Learning Through Play November Curriculum

**Science:** The science unit for the first two weeks of November is Float and Sink, followed by a two week unit on Magnets.

**Music:** Introduce percussion instruments. Begin working on "Tempo".

**Motor:** We will continue to be outside as long as weather permits, then we will move inside to the Motor room to work with hoops, the parachute and bean bags.

**Christian:** We will conclude our Creation theme and then begin our unit on Thanksgiving and Generosity.

## RECIPE OF THE MONTH



### Cranberry Jam

- 1 bag cranberries
- 1 cup water
- 1 cup sugar

1. Wash and sort cranberries.
2. Mix 1 cup sugar & 1 cup water. Stir to dissolve the sugar as you bring it to a boil.
3. Add cranberries and return to a boil.
4. Reduce heat & gently boil until the berries pop (approx. 10 minutes).



## LUNCH BUNCH

Lunch Bunch is an extended-day program offered on MWF from 11:30 - 3:15. Cost is

\$25 per day. You may contract for 1, 2 or 3 days a week. Or call the office and use the program on a drop in basis if space is available.

## Learning Through Play

## Learning Through Play



## SCHOLASTIC BOOKFAIR

The Scholastic Bookfair was a great success!

Thank you to all of you stopped by to buy a book or two.

CDLC sold almost \$3000 worth of books! WOW! We earned approximately \$1600 in Scholastic dollars which we will be using for many new books and some new equipment that we are very excited about.

Thank you also to all of you who donated books to our library! How very generous you all are!

**THANK YOU**

**THANK YOU TO**

**ALL**

**VOLUNTEERS!**

Thank you to all of you wonderful parents who have been volunteering all over our school. You have been in to help with cooking, taking pictures, filling paint and glue bottles, hanging decorations and bulletin boards displays, organizing our bulletin board decorations, stamping book orders. We have also had many parents taking buckets of books home to cover for our library.

Also a big thank you to the wonderful Hospitality volunteers for the delicious teacher lunches on conference days and the yummy treats for the Halloween parades!

**PARENT CORNER****Why Can't My Child Print His Name?**

Many parents & educators strive for their child to be able to print their name upon entering Kindergarten. But is this an appropriate goal? Fine motor skills are the foundation upon which children learn printing & handwriting.

**At 3 to 4 Years**

Your child will have a strong preference for a lead/dominant hand, but switching continues. When drawing, the lead hand will be holding the crayon while the assist hand is stabilizing the paper. Your child will progress from being able to copy lines & circles to imitating crosses (+) & tracing over triangles & diamonds. The child will attempt to color within the lines but with limited success. By 4 years of age, your child should be holding the crayon with three fingers. The crayon will be pinched between their thumb & index finger & resting on their middle finger. This is called a tripod pencil grasp & is the manner in which most adults hold a pen or pencil. It is also called a mature or efficient pencil grasp.

During cutting, your child should be able to move the scissors in a forward direction & cut along a straight line. When cutting simple curves like an S shaped line, the assist hand should begin to turn the paper to assist with cutting around a curve.

**Recommended Books**

*(These books were purchased for our library at the Scholastic Book fair during conferences).*

“Feast” by Diane Z. Shore

“The Very Cranky Bear” by Nick Bland

“Splat the Cat” by Rob Scotton

**NEW TITLES AVAILABLE IN THE PARENT LIBRARY****Children the Challenge**

by Rudolph Dreikurs, M.D.

This book offers very practical advice and strategies for parents on how to discipline lovingly and effectively. A few of the issues addressed are:

- \* Winning your child's cooperation and consideration
- \* Putting a stop to senseless accidents & carelessness
- \* Dealing with jealousy and fighting

**The 7 Worst Things Good Parents Do**

by John C. Friel, Linda D. Friel

This is a great “reference” or quick read. The chapters present interesting topics and are 5-10 pages in length. Chapter 8-*Fail to Give your Child Structure*, discusses the importance of structure in a child's life.

Good examples are given on how to provide a balanced structure in the home and how to teach your child self-control.

**NOVEMBER BIRTHDAYS -****Look who turned 5**

Kylie Smith

Eli Schlichting

Mia Maloney

Aydin Kabir

McCray Anderson

William Harder

Kaden Hauck

Bentley Siedel

Mitchell Donais

Christopher Huwe

Ella Crosby

Samuel Diehl

**Look who turned 4**

Trevor Rasmusson

Jonathan Waschek

Jack Mitchell

Lauren Janisch

Justin Rehborg

Isabel Frechette

Aubrey Adair

Matthew Godfrey

Jack Timm

Isaak Zimmerman

Gage Boushee

Charlie Hayes

Lucia Shovein

**Look who turned more than 5**

Barb Courtright

How do I protect myself and my family from the flu this year?

## Hand Washing

Seems so simple, yet we just don't do it enough. Wash your hands often – really often. Simple soap and water works very well. Keep in mind that you need to use some friction – about 20 seconds of it. This is about the time it takes to say the Lords Prayer. If you can't use soap and water, use hand sanitizer, but remember that you need to use friction with this also. Put a dime sized amount in your hands and then vigorously rub your hands together until they are dry.

## Keep Away from Sick People

I know.... another simplistic answer, but not always easy to do. Remind your co-workers and friends that if they are sick, they must stay home.

## Cover your Cough/Sneeze

Spray from a cough or sneeze can go up to 6 feet. We need to constantly remind people in a kind and gentle way to wash hands and cover their coughs and sneezes. I think using the sleeve method to cover is the best, but tissues can also be used. If tissues are used, they must be thrown away (no tucking in pocket or up the sleeve) and you must wash your hands that they have just contaminated.

## Stay Home if You are Sick

This is not the year to be heroic and come into work if you are sick. **YOU MUST STAY HOME IF YOU ARE SICK.** There is just no better way to put it this year.... if you come in, you are contributing to a public health epidemic. Staying locked away in your office is not a substitute for staying home. Flu generally comes on fast – sometimes within hours. The Center for Disease Control is telling adults they must stay home for 24 AFTER the fever is gone. That means you have to not take any

acetaminophen, aspirin, ibuprofen, or cold medication with these in them for 24 hours and still not have a temp. This is very important as you can still spread the virus if you have a fever.

## Does Cleaning Help?

It helps to wipe things (phones, doorknobs, elevator buttons, keyboards, desktops, etc) down, but remember they can get “infected” immediately after the cleaning, so this isn't a sure bet to staying healthy. It is thought that the virus can live between 2-8 hours on surfaces. It is a good idea to wipe the surfaces. Most cleaners work well, but a 10:1 bleach solution (10 parts water to 1 part bleach) kills just about anything and is really cheap.

## One Last Thing....

Keep your hands away from your face. I challenge you to try to go a whole day without touching your eyes, mouth, and nose with your hands. It's hard!

## GITSMART COMPUTER CLASSES

We had a fabulous response to the Computer classes offered by GitsSmart. It is not too late to sign up. Call Bob at 952-898-5880 or email him at [bob@gitssmart.com](mailto:bob@gitssmart.com) for more information.

## REGISTRATION FOR 2009/10

We still have openings. Please pass the word along, if you know of someone looking for a preschool.

Registration forms are available on our website at [www.cdldapreschool.org](http://www.cdldapreschool.org) or from the CDLC office.