

C.D.L.C. GAZETTE

June 2015

Celebrating Children

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Summer's here!

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Another year of school is at an end.
We've learned a lot and grown a lot
and made a lot of friends.

We'll say goodbye,
now summer's here,

it's time for us to part.

But we'll remember all our friends
and keep them in our hearts.



A LETTER FROM THE DIRECTOR

As you know I am relocating to Pasadena, California at the end of May. I have so many emotions right now, excitement about our new adventure and new possibilities and also trepidation and sadness at leaving all our friends here. I have so enjoyed my time here at C.D.L.C., I will miss the kiddos tremendously. I will also miss seeing all of you!

Sue



**FREQUENTLY
CALLED NUMBERS**

C.D.L.C. Office 952-435-8105

C.D.L.C. Fax 952-898-9379

Church Office 952-435-8102

C.D.L.C. Website www.cdcpreschool.org

Prince of Peace

Lutheran Church
WEEKLY WORSHIP TIMES

Wednesday
5:00 & 6:00 p.m.

Saturday
5:30 p.m.

Sunday
8:30, 9:45 & 11:00 a.m.

UPCOMING EVENTS

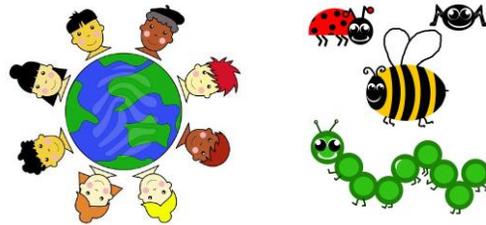
- Summer -**
- May 20 & 21 –**
Last Days of Classes
- June 15 - 18**
Prince of Peace VBS - Everest
- June 22 - 26 – 9:00 – 11:30 a.m.**
CDLC Summer Session 1 International Tour
- July 1 –**
2014/15 Parent Email sent
- July 20 - 24 – 9:00 – 11:30 a.m.**
CDLC Summer Session 2 Creepy Crawlies
- August 1 –**
1st month's tuition due for 2015/16 School Year
If you would like to pay the full year's tuition by cash or check before August 1, 2015 we give you a 2% discount.
- September 8 –**
All T/Th & M/T/W/Th classes Parent Information Meeting 6:00 p.m.
- September 9 –**
All M/W/F & M-F classes Parent Information Meeting 6:00 p.m.

REGISTRATION FOR 2015/16

Please register as soon as possible on our website www.cdlcpreschool.org to ensure you get your best choice of session for your child. Also, please share this information with anyone looking for a preschool for their child.

Everest: Join us as we explore how we can conquer challenges with God's Mighty Power.
Monday - Thursday, 9 a.m. to Noon each day, June 15 - 18.
\$50 per child/\$125 for 3 or more.
This year the VBS Celebration will take place following weekend Worship 5:30 p.m. Saturday, June 20 and 9:45 a.m. Sunday, June 21.

For more information contact Jess Olson at jolson@popmn.org or 952-898-9375



CDLC SUMMER PROGRAMS

CDLC is excited to offer two summer sessions this year, International Tour and Creepy Crawlies. Activities will include a craft time, an extended outdoor time, a cooking and snack time, music, and interest centers. Summer sessions are open to all children ages 3 years old by June 1, 2015 through 5 years. Register at www.cdlcpreschool.org
Session I - "International Tour" - June 22-26 - 9:00 to 11:30 AM
Session II - "Creepy Crawlies" - July 20-24 - 9:00 to 11:30 AM
TUITION \$90 per session

Celebrating Children JUNE BIRTHDAYS -

Who's turning 6?

Adeline Brinkmann
Nolan Holthaus
Max Wakefield
Paige Lundeen
Sydney Lundeen
Annika Olsen

Who's turning 5?

Victoria Siewert
Nolan Bradley
Landon Anderson
Benjamin Dobbin
Benjamin Clayton

Who's turning 4?

Petra Balfanz
Laney Wolf
Charlie Lang
Bryson Dennis

Who's turning more than 6?

Olivia Osuna de Senn
Joan Vrieze

JULY BIRTHDAYS -

Who's turning 6?

Blake Lathrop

Who's turning 5?

Olivia Lamers
Chase Blume
Jacob Pellin
Lindsey Pellin
Griffin Page
Tennessee Baldwin
Merielle Johnson
Mackenzie Gundersen
Madison Gundersen

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Who's turning 4?

Max Hall-Cassel
Olive Sisson
Emma Lenmark
Emerson Miller
Micah Weaver

Who's turning more than 6?

Kelly Krallman

AUGUST BIRTHDAYS -

Who's turning 6?

Avery Patzman
Logan Huonder
Lily Anderson
Trevor Oloughlin
Azalea Briese
Rylan Decker

Who's turning 5?

Max Tavakley
Jonathan Hampton
Annie Peoples
Daisy Peoples
Briel Carlson
Kennedy Ernst
Charles Nelson
Layla Glassen
Bryson Anderson
Nolan Passe

Who's turning 4?

Nila Jackson
Karys Peare
Layla Robinson
Isabella McHenry

Who's turning more than 6?

Dorean Nolen

Celebrating Children

Learning Through Play

8 Ideas for Warm-Weather Fun that Help Build Important Skills by Amanda Rock

1. Ride a Bike (or Trike)

Riding a bike, whether it's a tricycle or a "big kid" bicycle with or without training wheels is a great way to help your little one develop his gross motor skills and eye hand coordination. Plus, it's a fun family activity that gets you all moving.

When it is mastered, bike riding is an easy task, but when your child is first learning, it can be a challenge so make sure she's on a bike that is age- and size-appropriate and she's wearing the proper safety gear. Be sure to discuss bike safety and the rules of the road (even if you'll be on a sidewalk or at the park).

2. Play Catch

Playing with a ball offers all sorts of opportunities for kids to utilize different skill sets, whether she throws, catches or kicks.

Catching and throwing: For the most part, kids don't master catching and throwing until they hit about five. Eye-hand coordination is important here and it takes a little while to develop that skill. In any case, it's fun to practice. Use balls of different sizes (or even beanbags) and take turns throwing and catching. Don't use a ball that is too hard. Start off close together and gradually move further apart.

Kicking: Again, play around with balls of different sizes and degrees of hardness. Encourage your child to switch feet when he kicks. Try running and dribbling the ball up and down the yard.

3. Blow Bubbles

Seems simple enough, but blowing bubbles is actually a tricky skill for preschoolers to master. Their lips have to be in just the right position and they have to blow the correct way in order to form bubbles. Most kids aren't able to do this proficiently until about age 3 or so. Handling the wand and the bottle can also get frustrating for kids -- both can get slippery and can spill easily.

So start off easy. Offer a variety of homemade wands (fly swatters, berry baskets and pipe cleaners

Learning Through Play

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all work well) and show your child how to dip the wand and wave it to make bubbles.

4. Hula Hoop

Admittedly, using a hula hoop the way it was designed to be played with can be frustrating for a preschooler (and many adults!). But there are a lot of ways to play with a hula hoop that offer your little one a chance to develop physical skills (and his creativity). Here are just a couple of fun games you can play with hula hoops:

- Toss beanbags into hula hoops that are staggered around your yard.
- Encourage him to use the hula hoop as steering wheel -- see what types of adventures he takes you on!
- Lay a bunch of hula hoops side-by-side in a path. Have your preschooler jump, skip, hop on one foot or even crawl between them.
- Using hoop holders, grownups or other children, hold hoops up so kids can crawl through the hoops like a tunnel.

5. Make the Outdoors Your Canvas

Art projects take on a greater magnitude outside. With sidewalk chalk and paint, help your child to create -- hopscotch boards, race tracks, a storefront and more. Practice tracing one another and then draw faces and clothing on the empty forms. Got an old easel in the garage? Bring it outside for an al fresco art show.

Without the worry of a mess to clean up, let them paint, color and create to their heart's content.

6. Go for a Walk

Whether you take a stroll around the neighborhood, the local park or even through your sprinkler, walking and running develops leg muscles and gets your little one moving. When it's appropriate, take off her shoes and socks for a sensory experience -- let her feel the cool grass, the grainy sand or even the rough sidewalk (make sure nothing is too hot before tender feet touch).

Plan a hike with a picnic or just a quick jaunt around your block. While walking, change your style -- pretend to be airplanes that fly or cars that drive fast or even a fish swimming through the sea.

7. Jump Rope

Chances are your little one won't be able to jump rope until she's about five or six, but that doesn't mean she can't try. Start off with the basics -- just jumping. Kids will love jumping over cracks in the sidewalk, rocks on the driveway, into puddles or off of curbs, even on one foot.

When you are ready to introduce the rope, lie it flat on the ground at first and have her jump over it, eventually raising it slightly off the ground -- careful not to make it too high, you don't want her to trip and fall. When she's ready, add the jump rope to the mix, having her step over it at first and eventually jumping.

8. Take a Swing

An obvious choice, playgrounds offer a host of activities. A favorite of many children are the swings, but learning to pump can be difficult as the motion requires balance, strength and good timing. To teach your child to pump, you may want to hop on the swings yourself at first to demonstrate the technique. Then when it is his turn, describe what it is that you want him to do. Say something like, "Push your legs out and pull them in." Move your position, sometimes standing behind your child, sometimes in front while you push him, encouraging the correct motion.

Before your child gets on the swing, be sure to remind him that it can be dangerous to walk in front of or behind a swing and show him the correct way to approach them.



101 Almost Free Things to do with Kids this Summer

1. Go for a Hike
2. Scrapbook
3. Catch Fireflies
4. Go to the Zoo
5. Tell Ghost Stories
6. Go to the Playground
7. Pick Flowers
8. Water Gun Fight
9. Take a Bike Ride
10. Make S'mores
11. Fly a Kite
12. Have a Slumber Party
13. Build a Blanket Fort
14. Make Cookies
15. Start a Lemonade Stand
16. Play in the Sprinkler
17. Make Paper Airplanes
18. Go on a Scavenger Hunt
19. Plant a Garden
20. Swim in a Lake
21. Tell Jokes
22. Watch a Movie
23. Go on a Picnic
24. Play Cards
25. Have a Pillow Fight
26. Make Ice Cream
27. Play in the Mud
28. Thumb Wrestle
29. Go to a Museum
30. Play Hide and Seek
31. Blow Bubbles
32. Visit the Library
33. Fold Origami
34. Build a Sand Castle
35. Take Pictures
36. Sing a Song
37. Make Shadow Puppets
38. Build a Campfire
39. Slip n Slide
40. Play "Simon Says"
41. Draw with Sidewalk Chalk
42. Mommy-Daughter Makeovers
43. Daddy-Daughter Makeovers
44. Start a Nature Journal
45. Play a Board Game
46. Speak Pig Latin
47. Make Homemade Popsicles
48. Play Charades
49. Write a Pen Pal
50. Michael's Kids Crafts
51. Play Rock Paper Scissors
52. Put on a Magic Show
53. Start a Garden
54. Water Balloon Fight
55. Grow a Frog
56. Tell Secrets
57. Magnify an Ant
58. Throw a Ball
59. Go Cloud Watching
60. Have a "No Talking" Contest
61. Storytime at a Book Store
62. Visit a Farm
63. Play Hopscotch
64. Go Fishing
65. Have a Staring Contest
66. Do a Puzzle
67. Play Dress Up
68. Get a Pet Rock
69. Tour a Fire Station
70. Play with a Cardboard Box
71. Climb a Tree
72. Throw a Frisbee
73. Wash the Car
74. Go Geocaching
75. Decorate Cupcakes
76. Volunteer at the SPCA
77. Have a Tea Party
78. Double Dutch Jump Rope
79. Go Birdwatching
80. Find a 4-Leaf Clover
81. Home Depot Kids Workshop
82. Visit a National Park
83. Feed the Ducks
84. Learn to Juggle
85. Teach Grandma to Text
86. Have a Yard Sale
87. Play "I Spy"
88. Camp in the Backyard
89. Write Poems
90. Go Stargazing
91. Walk a Dog
92. Tour a Factory
93. Play with Clay
94. Make Homemade Cards
95. Take a Bus Ride
96. Paint with Watercolors
97. Tie Dye
98. Learn the Macarena
99. Build with Legos
100. Play Tag
101. Go Berry Picking

More frugal family fun:
stay-a-stay-at-home-mom.com